APPROXIMATE TIMES BETWEEN LOCKS

	St Johns Lock	Buscot Lock	Grafton Lock	Radcot Lock	Rushey Lock	Shifford Lock	Northmoor Lock	Pinkhill Lock	Eynsham Lock	King's Lock	Godstow Lock	Osney Lock	Iffley Lock	Sandford Lock	Abingdon Lock	Culham Lock	Clifton Lock	Day's Lock	Benson Lock	Cleeve Lock	Goring Lock	Whitchurch Lock	Mapledurham Lock	Caversham Lock	Sonning Lock	Shiplake Lock	Marsh Lock	Hambleden Lock	Hurley Lock	Temple Lock	Marlow Lock	Cookham Lock	Boulter's Lock	Bray Lock	Boveney Lock	Romney Lock	Old Windsor Lock	Bell Weir Lock	Penton Hook Lock	Chertsey Lock	Shepperton Lock	Sunbury Lock	Molesey Lock	Teddington Lock
St Johns Lock		0:15	0:56	1:19	1:51	2:43	3:41	4:28	4:46	5:19	5:33	6:03	6:31	6:52	7:48	8:20	8:54	9:30	10:18	11:37	11:45	12:35	13:03	13:57	14:29	15:05	15:41	16:16	17:01	17:09	17:33	18:22	18:48	19:14	19:53	20:22	20:59	21:35	22:10	22:34	22:59	23:35	24:11	25:10
Buscot Lock	0:15		0:41	1:04	1:36	2:28	3:26	4:13	4:31	5:04	5:18	5:48	6:16	6:37	7:33	8:05	8:39	9:15	10:03	11:22	11:30	12:20	12:48	13:42	14:14	14:50	15:26	16:01	16:46	16:54	17:18	18:07	18:33	18:59	19:38	20:07	20:44	21:20	21:55	22:19	22:44	23:20	23:56	24:55
Grafton Lock	0:56	0:41		0:23	0:55	1:47	2:45	3:32	3:50	4:23	4:37	5:07	5:35	5:56	6:52	7:24	7:58	8:34	9:22	10:41	10:49	11:39	12:07	13:01	13:33	14:09	14:45	15:20	16:05	16:13	16:37	17:26	17:52	18:18	18:57	19:26	20:03	20:39	21:14	21:38	22:03	22:39	23:15	24:14
Radcot Lock	1:19	1:04	0:23		0:32	1:24	2:22	3:09	3:27	4:00	4:14	4:44	5:12	5:33	6:29	7:01	7:35	8:11	8:59	10:18	10:26	11:16	11:44	12:38	13:10	13:46	14:22	14:57	15:42	15:50	16:14	17:03	17:29	17:55	18:34	19:03	19:40	20:16	20:51	21:15	21:40	22:16	22:52	23:51
Rushey Lock	1:51	1:36	0:55	0:32		0:52	1:50	2:37	2:55	3:28	3:42	4:12	4:40	5:01	5:57	6:29	7:03	7:39	8:27	9:46	9:54	10:44	11:12	12:06	12:38	13:14	13:50	14:25	15:10	15:18	15:42	16:31	16:57	17:23	18:02	18:31	19:08	19:44	20:19	20:43	21:08	21:44	22:20	23:19
Shifford Lock	2:43	2:28	1:47	1:24	0:52		0:58	1:45	2:03	2:36	2:50	3:20	3:48	4:09	5:05	5:37	6:11	6:47	7:35	8:54	9:02	9:52	10:20	11:14	11:46	12:22	12:58	13:33	14:18	14:26	14:50	15:39	16:05	16:31	17:10	17:39	18:16	18:52	19:27	19:51	20:16	20:52	21:28	22:27
Northmoor Lock	3:41	3:26	2:45	2:22	1:50	0:58		0:47	1:05	1:38	1:52	2:22	2:50	3:11	4:07	4:39	5:13	5:49	6:37	7:56	8:04	8:54	9:22	10:16	10:48	11:24	12:00	12:35	13:20	13:28	13:52	14:41	15:07	15:33	16:12	16:41	17:18	17:54	18:29	18:53	19:18	19:54	20:30	21:29
Pinkhill Lock	4:28	4:13	3:32	3:09	2:37	1:45	0:47		0:18	0:51	1:05	1:35	2:03	2:24	3:20	3:52	4:26	5:02	5:50	7:09	7:17	8:07	8:35	9:29	10:01	10:37	11:13	11:48	12:33	12:41	13:05	13:54	14:20	14:46	15:25	15:54	16:31	17:07	17:42	18:06	18:31	19:07	19:43	20:42
Eynsham Lock	4:46	4:31	3:50	3:27	2:55	2:03	1:05	0:18		0:33	0:47	1:17	1:45	2:06	3:02	3:34	4:08	4:44	5:32	6:51	6:59	7:49	8:17	9:11	9:43	10:19	10:55	11:30	12:15	12:23	12:47	13:36	14:02	14:28	15:07	15:36	16:13	16:49	17:24	17:48	18:13	18:49	19:25	20:24
King's Lock	5:19	5:04	4:23	4:00	3:28	2:36	1:38	0:51	0:33		0:14	0:44	1:12	1:33	2:29	3:01	3:35	4:11	4:59	6:18	6:26	7:16	7:44	8:38	9:10	9:46	10:22	10:57	11:42	11:50	12:14	13:03	13:29	13:55	14:34	15:03	15:40	16:16	16:51	17:15	17:40	18:16	18:52	19:51
Godstow Lock	5:33	5:18	4:37	4:14	3:42	2:50	1:52	1:05	0:47	0:14		0:30	0:58	1:19	2:15	2:47	3:21	3:57	4:45	6:04	6:12	7:02	7:30	8:24	8:56	9:32	10:08	10:43	11:28	11:36	12:00	12:49	13:15	13:41	14:20	14:49	15:26	16:02	16:37	17:01	17:26	18:02	18:38	19:37
Osney Lock	6:03	5:48	5:07	4:44	4:12	3:20	2:22	1:35	1:17	0:44	0:30		0:28	0:49	1:45	2:17	2:51	3:27	4:15	5:34	5:42	6:32	7:00	7:54	8:26	9:02	9:38	10:13	10:58	11:06	11:30	12:19	12:45	13:11	13:50	14:19	14:56	15:32	16:07	16:31	16:56	17:32	18:08	19:07
Iffley Lock	6:31	6:16	5:35	5:12	4:40	3:48	2:50	2:03	1:45	1:12	0:58	0:28		0:21	1:17	1:49	2:23	2:59	3:47	5:06	5:14	6:04	6:32	7:26	7:58	8:34	9:10	9:45	10:30	10:38	11:02	11:51	12:17	12:43	13:22	13:51	14:28	15:04	15:39	16:03	16:28	17:04	17:40	18:39
Sandford Lock	6:52	6:37	5:56	5:33	5:01	4:09	3:11	2:24	2:06	1:33	1:19	0:49	0:21		0:56	1:28	2:02	2:38	3:26	4:45	4:53	5:43	6:11	7:05	7:37	8:13	8:49	9:24	10:09	10:17	10:41	11:30	11:56	12:22	13:01	13:30	14:07	14:43	15:18	15:42	16:07	16:43	17:19	18:18
Abingdon Lock	7:48	7:33	6:52	6:29	5:57	5:05	4:07	3:20	3:02	2:29	2:15	1:45	1:17	0:56		0:32	1:06	1:42	2:30	3:49	3:57	4:47	5:15	6:09	6:41	7:17	7:53	8:28	9:13	9:21	9:45	10:34	11:00	11:26	12:05	12:34	13:11	13:47	14:22	14:46	15:11	15:47	16:23	17:22
Culham Lock	8:20	8:05	7:24	7:01	6:29	5:37	4:39	3:52	3:34	3:01	2:47	2:17	1:49	1:28	0:32		0:34	1:10	1:58	3:17	3:25	4:15	4:43	5:37	6:09	6:45	7:21	7:56	8:41	8:49	9:13	10:02	10:28	10:54	11:33	12:02	12:39	13:15	13:50	14:14	14:39	15:15	15:51	16:50
Clifton Lock	8:54	8:39	7:58	7:35	7:03	6:11	5:13	4:26	4:08	3:35	3:21	2:51	2:23	2:02	1:06	0:34		0:36	1:24	2:43	2:51	3:41	4:09	5:03	5:35	6:11	6:47	7:22	8:07	8:15	8:39	9:28	9:54	10:20	10:59	11:28	12:05	12:41	13:16	13:40	14:05	14:41	15:17	16:16
Day's Lock	9:30	9:15	8:34	8:11	7:39	6:47	5:49	5:02	4:44	4:11	3:57	3:27	2:59	2:38	1:42	1:10	0:36		0:48	2:07	2:15	3:05	3:33	4:27	4:59	5:35	6:11	6:46	7:31	7:39	8:03	8:52	9:18	9:44	10:23	10:52	11:29	12:05	12:40	13:04	13:29	14:05	14:41	15:40
Benson Lock	10:18	10:03	9:22	8:59	8:27	7:35	6:37	5:50	5:32	4:59	4:45	4:15	3:47	3:26	2:30	1:58	1:24	0:48		1:19	1:27	2:17	2:45	3:39	4:11	4:47	5:23	5:58	6:43	6:51	7:15	8:04	8:30	8:56	9:35	10:04	10:41	11:17	11:52	12:16	12:41	13:17	13:53	14:52
Cleeve Lock	11:37	11:22	10:41	10:18	9:46	8:54	7:56	7:09	6:51	6:18	6:04	5:34	5:06	4:45	3:49	3:17	2:43	2:07	1:19		0:08	0:58	1:26	2:20	2:52	3:28	4:04	4:39	5:24	5:32	5:56	6:45	7:11	7:37	8:16	8:45	9:22	9:58	10:33	10:57	11:22	11:58	12:34	13:33
Goring Lock	11:45	11:30	10:49	10:26	9:54	9:02	8:04	7:17	6:59	6:26	6:12	5:42	5:14	4:53	3:57	3:25	2:51	2:15	1:27	0:08		0:50	1:18	2:12	2:44	3:20	3:56	4:31	5:16	5:24	5:48	6:37	7:03	7:29	8:08	8:37	9:14	9:50	10:25	10:49	11:14	11:50	12:26	13:25
Whitchurch Lock	12:35	12:20	11:39	11:16	10:44	9:52	8:54	8:07	7:49	7:16	7:02	6:32	6:04	5:43	4:47	4:15	3:41	3:05	2:17	0:58	0:50		0:28	1:22	1:54	2:30	3:06	3:41	4:26	4:34	4:58	5:47	6:13	6:39	7:18	7:47	8:24	9:00	9:35	9:59	10:24	11:00	11:36	12:35
Mapledurham Lock	13:03	12:48	12:07	11:44	11:12	10:20	9:22	8:35	8:17	7:44	7:30	7:00	6:32	6:11	5:15	4:43	4:09	3:33	2:45	1:26	1:18	0:28		0:54	1:26	2:02	2:38	3:13	3:58	4:06	4:30	5:19	5:45	6:11	6:50	7:19	7:56	8:32	9:07	9:31	9:56	10:32	11:08	12:07
Caversham Lock	13:57	13:42	13:01	12:38	12:06	11:14	10:16	9:29	9:11	8:38	8:24	7:54	7:26	7:05	6:09	5:37	5:03	4:27	3:39	2:20	2:12	1:22	0:54		0:32	1:08	1:44	2:19	3:04	3:12	3:36	4:25	4:51	5:17	5:56	6:25	7:02	7:38	8:13	8:37	9:02	9:38	10:14	11:13
Sonning Lock	14:29	14:14	13:33	13:10	12:38	11:46	10:48	10:01	9:43	9:10	8:56	8:26	7:58	7:37	6:41	6:09	5:35	4:59	4:11	2:52	2:44	1:54	1:26	0:32		0:36	1:12	1:47	2:32	2:40	3:04	3:53	4:19	4:45	5:24	5:53	6:30	7:06	7:41	8:05	8:30	9:06	9:42	10:41
Shiplake Lock	15:05	14:50	14:09	13:46	13:14	12:22	11:24	10:37	10:19	9:46	9:32	9:02	8:34	8:13	7:17	6:45	6:11	5:35	4:47	3:28	3:20	2:30	2:02	1:08	0:36		0:36	1:11	1:56	2:04	2:28	3:17	3:43	4:09	4:48	5:17	5:54	6:30	7:05	7:29	7:54	8:30	9:06	10:05
Marsh Lock	15:41	15:26	14:45	14:22	13:50	12:58	12:00	11:13	10:55	10:22	10:08	9:38	9:10	8:49	7:53	7:21	6:47	6:11	5:23	4:04	3:56	3:06	2:38	1:44	1:12	0:36		0:35	1:20	1:28	1:52	2:41	3:07	3:33	4:12	4:41	5:18	5:54	6:29	6:53	7:18	7:54	8:30	9:29
Hambleden Lock	16:16	16:01	15:20	14:57	14:25	13:33	12:35	11:48	11:30	10:57	10:43	10:13	9:45	9:24	8:28	7:56	7:22	6:46	5:58	4:39	4:31	3:41	3:13	2:19	1:47	1:11	0:35		0:45	0:53	1:17	2:06	2:32	2:58	3:37	4:06	4:43	5:19	5:54	6:18	6:43	7:19	7:55	8:54
Hurley Lock	17:01	16:46	16:05	15:42	15:10	14:18	13:20	12:33	12:15	11:42	11:28	10:58	10:30	10:09	9:13	8:41	8:07	7:31	6:43	5:24	5:16	4:26	3:58	3:04	2:32	1:56	1:20	0:45		0:08	0:32	1:21	1:47	2:13	2:52	3:21	3:58	4:34	5:09	5:33	5:58	6:34	7:10	8:09
Temple Lock	17:09	16:54	16:13	15:50	15:18	14:26	13:28	12:41	12:23	11:50	11:36	11:06	10:38	10:17	9:21	8:49	8:15	7:39	6:51	5:32	5:24	4:34	4:06	3:12	2:40	2:04	1:28	0:53	0:08		0:24	1:13	1:39	2:05	2:44	3:13	3:50	4:26	5:01	5:25	5:50	6:26	7:02	8:01
Marlow Lock	17:33	17:18	16:37	16:14	15:42	14:50	13:52	13:05	12:47	12:14	12:00	11:30	11:02	10:41	9:45	9:13	8:39	8:03	7:15	5:56	5:48	4:58	4:30	3:36	3:04	2:28	1:52	1:17	0:32	0:24		0:49	1:15	1:41	2:20	2:49	3:26	4:02	4:37	5:01	5:26	6:02	6:38	7:37
Cookham Lock	18:22	18:07	17:26	17:03	16:31	15:39	14:41	13:54	13:36	13:03	12:49	12:19	11:51	11:30	10:34	10:02	9:28	8:52	8:04	6:45	6:37	5:47	5:19	4:25	3:53	3:17	2:41	2:06	1:21	1:13	0:49		0:26	0:52	1:31	2:00	2:37	3:13	3:48	4:12	4:37	5:13	5:49	6:48
Boulter's Lock	18:48	18:33	17:52	17:29	16:57	16:05	15:07	14:20	14:02	13:29	13:15	12:45	12:17	11:56	11:00	10:28	9:54	9:18	8:30	7:11	7:03	6:13	5:45	4:51	4:19	3:43	3:07	2:32	1:47	1:39	1:15	0:26		0:26	1:05	1:34	2:11	2:47	3:22	3:46	4:11	4:47	5:23	6:22
Bray Lock	19:14	18:59	18:18	17:55	17:23	16:31	15:33	14:46	14:28	13:55	13:41	13:11	12:43	12:22	11:26	10:54	10:20	9:44	8:56	7:37	7:29	6:39	6:11	5:17	4:45	4:09	3:33	2:58	2:13	2:05	1:41	0:52	0:26		0:39	1:08	1:45	2:21	2:56	3:20	3:45	4:21	4:57	5:56
Boveney Lock	19:53	19:38	18:57	18:34	18:02	17:10	16:12	15:25	15:07	14:34	14:20	13:50	13:22	13:01	12:05	11:33	10:59	10:23	9:35	8:16	8:08	7:18	6:50	5:56	5:24	4:48	4:12	3:37	2:52	2:44	2:20	1:31	1:05	0:39		0:29	1:06	1:42	2:17	2:41	3:06	3:42	4:18	5:17
Romney Lock	20:22	20:07	19:26	19:03	18:31	17:39	16:41	15:54	15:36	15:03	14:49	14:19	13:51	13:30	12:34	12:02	11:28	10:52	10:04	8:45	8:37	7:47	7:19	6:25	5:53	5:17	4:41	4:06	3:21	3:13	2:49	2:00	1:34	1:08	0:29		0:37	1:13	1:48	2:12	2:37	3:13	3:49	4:48
Old Windsor Lock	20:59	20:44	20:03	19:40	19:08	18:16	17:18	16:31	16:13	15:40	15:26	14:56	14:28	14:07	13:11	12:39	12:05	11:29	10:41	9:22	9:14	8:24	7:56	7:02	6:30	5:54	5:18	4:43	3:58	3:50	3:26	2:37	2:11	1:45	1:06	0:37		0:36	1:11	1:35	2:00	2:36	3:12	4:11
Bell Weir Lock	21:35	21:20	20:39	20:16	19:44	18:52	17:54	17:07	16:49	16:16	16:02	15:32	15:04	14:43	13:47	13:15	12:41	12:05	11:17	9:58	9:50	9:00	8:32	7:38	7:06	6:30	5:54	5:19	4:34	4:26	4:02	3:13	2:47	2:21	1:42	1:13	0:36		0:35	0:59	1:24	2:00	2:36	3:35
Penton Hook Lock	22:10	21:55	21:14	20:51	20:19	19:27	18:29	17:42	17:24	16:51	16:37	16:07	15:39	15:18	14:22	13:50	13:16	12:40	11:52	10:33	10:25	9:35	9:07	8:13	7:41	7:05	6:29	5:54	5:09	5:01	4:37	3:48	3:22	2:56	2:17	1:48	1:11	0:35		0:24	0:49	1:25	2:01	3:00
Chertsey Lock	22:34	22:19	21:38	21:15	20:43	19:51	18:53	18:06	17:48	17:15	17:01	16:31	16:03	15:42	14:46	14:14	13:40	13:04	12:16	10:57	10:49	9:59	9:31	8:37	8:05	7:29	6:53	6:18	5:33	5:25	5:01	4:12	3:46	3:20	2:41	2:12	1:35	0:59	0:24		0:25	1:01	1:37	2:36
Shepperton Lock	22:59	22:44	22:03	21:40	21:08	20:16	19:18	18:31	18:13	17:40	17:26	16:56	16:28	16:07	15:11	14:39	14:05	13:29	12:41	11:22	11:14	10:24	9:56	9:02	8:30	7:54	7:18	6:43	5:58	5:50	5:26	4:37	4:11	3:45	3:06	2:37	2:00	1:24	0:49	0:25		0:36	1:12	2:11
Sunbury Lock	23:35	23:20	22:39	22:16	21:44	20:52	19:54	19:07	18:49	18:16	18:02	17:32	17:04	16:43	15:47	15:15	14:41	14:05	13:17	11:58	11:50	11:00	10:32	9:38	9:06	8:30	7:54	7:19	6:34	6:26	6:02	5:13	4:47	4:21	3:42	3:13	2:36	2:00	1:25	1:01	0:36		0:36	1:35
Molesey Lock	24:11	23:56	23:15	22:52	22:20	21:28	20:30	19:43	19:25	18:52	18:38	18:08	17:40	17:19	16:23	15:51	15:17	14:41	13:53	12:34	12:26	11:36	11:08	10:14	9:42	9:06	8:30	7:55	7:10	7:02	6:38	5:49	5:23	4:57	4:18	3:49	3:12	2:36	2:01	1:37	1:12	0:36		0:59
Teddington Lock	25:10	24:55	24:14	23:51	23:19	22:27	21:29	20:42	20:24	19:51	19:37	19:07	18:39	18:18	17:22	16:50	16:16	15:40	14:52	13:33	13:25	12:35	12:07	11:13	10:41	10:05	9:29	8:54	8:09	8:01	7:37	6:48	6:22	5:56	5:17	4:48	4:11	3:35	3:00	2:36	2:11	1:35	0:59	

PLEASE NOTE : These times are only approximate. Times are shown as hours and minutes.
They have been extracted from Environment Agency publications and are reproduced here as a guide to cruising the non-tidal Thames.
The EA data gives these times as approximate, at 8kph. This speed may not be achievable by narrowboats.
No responsibility is accepted for the accuracy of the data nor the realistic cruising times achievable.
Source data: http://publications.environment-agency.gov.uk/PDF/GETH0309BPGK-E-E.pdf Pages 40-46